



Little Steps for Children's Rights

Little Women will hold their 3rd Children's Rights March on Parliament Hill in Ottawa on Tuesday June 1st, 2010 at 12:00 PM. Little Women will be asking Canada's leaders and parliament to enact their support for the universal rights to

education, protection, equality and health

for children around the world by marching with Little Women and Canadians of all ages.

Join us! Please show your support by marching with us if you are a young person in the Ottawa area (grades 1-12). If you are a teacher or parent, please spread the word among your kids.

Please contact us via email: lw4lw@telus.net

WHO WE ARE: The Little Women for Little Women in Afghanistan is a non-profit organization of Canadian girls working to raise funds and awareness in support of education for girls in Afghanistan. Learn more: www.littlewomenforlittlewomen.com

THE EVENT: Alaina Podmorow, founder of Little Women for Little Women in Afghanistan and members of Little Women for Little Women in Afghanistan will march on Parliament Hill June 1st 2010 at 12:00PM. We will gather at the Centennial Flame after we acknowledge the four universal children's rights, the right for education, the right for protection, the right for health and the right for equality. The event is scheduled for 1 hour.

A MESSAGE FROM ALAINA:

Little Women have been working really hard to make change for girls in Afghanistan. We have raised about \$275,000 to support our education projects in Afghanistan and we are speaking across this country to youth about becoming aware and then taking action. I have learned so much myself this last year. I have learned that we all share this global community and that everyone is entitled to their basic human rights. It has nothing to do with religious, cultural or political beliefs. It has to do with universal human rights.

I believe that basic human rights are what we are born with and all deserve. It does not matter if you are a girl in Afghanistan who is afraid to go to school or a boy in the Congo being forced to be a rebel or a child in India being sold off to work at the age of 7 in a sweat shop. None of this has to do with religion, culture or politics, this is about human rights violations and we must stop this.

When I first started Little Women, I just wanted to raise enough money for a teacher's salary in Afghanistan for 1 year. When I achieved my goal, I knew I had to continue. It felt so right to help make change. Now I understand it is not my choice but my responsibility to take action and make change so that we can work together to change our world. We must restore human rights for every person in this world, we must educate so that people will have the knowledge and be empowered to make peace.

We here in Canada, must also get educated. We must understand that each and every one of us needs to make change. Every single Canadian must take responsibility and take action. We cannot expect our government our organizations to solve the problems of our world. We cannot just become aware and not take action when it comes to human rights. Each of us must make change.

On Tuesday June 1st, Little Women will be on Parliament Hill in Ottawa standing side by side with politicians of all parties and Canadians of all ages. We will create a powerful energy and we will take a stand on the need to support human rights for children across our world. This is not a protest, this is a celebration of all Canadians putting aside their differences and coming together and working towards a better world. Please support us as we make a difference and raise up our banners together to say yes to right for education, yes to the right for protection, yes to the right for equality and yes to the right for healthcare.

Education=peace,

Alaina Podmorow

Founder

Little Women for Little women in Afghanistan